



## Liverpool Jr Elks

The Liverpool Jr Elks are sending care packages & letters over to the soldiers in Iraq. The soldiers have already sent letters back to the kids thanking for the items they have been sending. If you would like to assist, a box will be left at the Liverpool Elks lodge for you to drop off items. These are the type of items we can send over:

<p><b>FOODS:</b></p> <ul style="list-style-type: none"> <li>· Energy foods</li> <li>· breakfast and granola bars</li> <li>· beef summer sausage</li> <li>· crackers</li> <li>· non-melting candy, gum</li> <li>· cookies</li> <li>· beef jerky</li> <li>· pretzels</li> <li>· brownies</li> <li>· raisins</li> <li>· trail mix, nuts, dried fruit</li> <li>· canned chips</li> <li>· any kind of prepackaged snack foods</li> <li>· bean and cheese dips are a favorite!</li> <li>· powdered sugared drink mixes (Gatorade, Kool-Aid, etc.)</li> <li>· pop top cans of tuna</li> <li>· pop top cans of fruit</li> </ul>	<p><b>TOILETRIES:</b></p> <ul style="list-style-type: none"> <li>· waterless soap / antibacterial hand soap</li> <li>· deodorant</li> <li>· boot powder</li> <li>· baby wipes</li> <li>· toothpaste &amp; toothbrush</li> <li>· disposable razors</li> <li>· shaving cream</li> <li>· hand/body lotion (unscented)</li> <li>· lip balm</li> <li>· standard bed pillow / case (dark colors only)</li> <li>· big bath towel &amp; wash cloth (dark colors only)</li> <li>· black Kiwi cream shoe polish (paste only)</li> <li>· wool/cotton blend or 100% cotton men's socks (dark solid colors only black, dark green, blue or gray, men's size 10-13)</li> </ul>
<p><b>FREE TIME MATERIALS</b></p> <ul style="list-style-type: none"> <li>· magazines (wrestling, boxing, fitness magazines, sports magazines, comic books, Mad Magazine)</li> <li>· books</li> <li>· Stationery</li> <li>· pens (black ink only)</li> <li>· word puzzle books, joke books, puzzles</li> <li>· board games (chess, checkers, Monopoly, etc.) and decks of cards</li> <li>· newly released movies, movies you tape from cable or TV programs</li> </ul>	

### Support Our Troops Magnets

The Jr Elks and the Liverpool Elks Veterans committee are selling the "Support Our Troops" magnets for \$5. All the profits are going towards sending the care packages to the soldiers. The goal is to raise enough money to send some really nice gift to the soldiers at Christmas.

The Liverpool Jr Elks are open to all boys and girls from the Baldwinsville and Liverpool area from the ages of 6 years old to 18 years old. Their focus is having a fun time helping others in the community. They meet at the Liverpool Elks Lodge on the last Tuesday of every month @ 7 PM.

For additional information, please contact any of the following people:

**Jr Elks Contact Information**

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Laura Richards: [fatlady111@aol.com](mailto:fatlady111@aol.com)

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